

English for Nurses: Answers

Preventable versus Treatable Mortality



Activity 1: (Suggested answers)

1. The nurse might be discussing the man's general health, asking what medication the man is taking, asking about treatment the man is having.
2. Common health issues of an older person may include:
 - Osteoarthritis
 - respiratory diseases, e.g. COPD
 - cancer
 - heart disease
 - memory problems/dementia

Activity 2: Vocabulary: Preventable and treatable diseases

<u>access to</u> <u>barrier</u> <u>environmental factor</u> <u>lifestyle factor</u> <u>preventable</u>	<u>medical intervention</u> <u>public health</u> <u>socioeconomic status</u> <u>treatable</u>
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Activity: Match the terms (1-6) with their correct meaning (A-F)

- 1 - D
- 2 - F
- 3 - E
- 4 - B
- 5 - C
- 6 - A

Activity 4: video

1. public health.
2. socioeconomic factors.
3. treatable
4. barriers
5. access to
6. preventable.
7. environmental factors
8. lifestyle factors
9. medical intervention

Activity 5: Transcript

Good morning everyone,

Today I want to talk about preventable and treatable diseases.

The prevention of disease and the promotion of good health are the main responsibilities of public health. Public health helps people stay healthy and avoid illness.

A preventable disease is an illness that we can stop before it starts. Deaths that could have been avoided by public health actions are called preventable. These actions focus on lifestyle factors, socioeconomic status, and environmental factors.

Lifestyle factors are behaviours and ways of life that affect our health. For example, an unhealthy diet, lack of exercise, smoking, and alcohol misuse can increase the risk of disease. Environmental factors, like access to safe water and clean air, also affect health and preventable death rates.

Socioeconomic factors include a person's income and where they live, for example in an urban or rural area. These factors can affect a person's health and their access to care.

A treatable disease is a condition where death can be prevented with good quality healthcare. Many diseases can be treated or managed with medical help. A medical intervention is an action taken to prevent or treat disease, such as medicine, surgery, or other care.

However, some people face barriers to healthcare. These include transportation problems, difficulty accessing buildings, and poor facilities, such as inadequate toilets. These barriers can make it harder for people to get the help they need.

In conclusion, preventable and treatable diseases can be reduced by good public health, healthy lifestyles, and better access to healthcare.

Thank you for listening.